

Drowning Victim Rescues

Front Approach Active Drowning Victim Rescue										
Rear Approach Active Drowning Victim Rescue										
Front Approach Passive Drowning Victim Rescue										
Rear Approach Passive Drowning Victim Rescue										
Rear Approach Passive Drowning Victim with Change in Direction										
Submerged Victim Rescue										
Multiple Victim Rescue										
Shallow Water Passive Victim										

Spinal

Head Splint Face Down										
Head Splint Face Up										
Head and Chin Support										
Head Splint Submerged										
Head Splint Very Shallow Water										
Injuries on Land										
Applying a Backboard on Land										
Applying a Backboard in Very Shallow Water										
Applying a Backboard in Deep Water										

Escapes

Front Head Escape										
Rear Hold Head Escape										

Removal From Water

Two person backboard removal from water										
Small Victim Removal										

CPR Skills

In Water Ventilations (Optional)										
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Other

Station Rotations (Optional)										
Feet First Surface Dives										

Notes: