

## Chapter 5: Emergency Response

Place a check next to the correct answer or answers.

### 1. Examples of life-threatening conditions include—

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Sunburn.             | <input type="checkbox"/> Laceration to the cheek. | <input type="checkbox"/> No breathing.                       |
| <input type="checkbox"/> Nonfatal submersion. | <input type="checkbox"/> Sprained ankle.          | <input type="checkbox"/> Broken tooth.                       |
| <input type="checkbox"/> Broken finger.       | <input type="checkbox"/> Heart attack.            | <input type="checkbox"/> Injuries to the head, neck or back. |
| <input type="checkbox"/> Unconsciousness.     | <input type="checkbox"/> Severe bleeding.         |  |

### 2. Responsibilities of the aquatic safety team members during an emergency may include—

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Stocking the first aid kit. | <input type="checkbox"/> Running a lifeguard challenge. | <input type="checkbox"/> Controlling bystanders.                |
| <input type="checkbox"/> Summoning EMS personnel.    | <input type="checkbox"/> Controlling bystanders.        | <input type="checkbox"/> Clearing the pool or facility.         |
| <input type="checkbox"/> Taking head counts.         |   | <input type="checkbox"/> Scheduling staff.                      |
| <input type="checkbox"/> Providing back-up coverage  |   | <input type="checkbox"/> Performing or assisting with a rescue. |

Circle true or false.

3. True False **A drowning happens when a person suffocates in the water.**
4. True False **With guidance, bystanders can help during an emergency.**
5. True False **An EAP does not state who gets the equipment and how to get it to the injured victim because that is practiced during in-service training.**
6. True False **The EAP at a rural waterfront should factor in a longer response time than an aquatic facility in the middle of a city.**
7. True False **After a victim has received care and has been released to EMS personnel, lifeguards and other members of the safety team still have several tasks to complete.**
8. True False **The decision to reopen a facility following a significant incident may depend upon whether enough lifeguards are ready to go back to surveillance duty.**
9. True False **Following a significant incident, only lifeguards actually involved in the incident, management or a designated spokesperson should talk to the media or others about the incident.**
10. True False **To learn what the lifeguard team members should expect from one another, team members must communicate and practice the facility's EAP together.**

Circle the correct answer.

### 11. The aquatic safety team includes all of the following EXCEPT—

- Concessions staff.
- Hospital staff.
- Lifeguards.
- Swimming instructors.

### 12. What important information should be posted on or near all telephones in your aquatic facility?

- Emergency numbers
- Hours of operation
- Staff work schedule
- Facility course schedule

**13. Controlling bystanders during an emergency is a responsibility of a lifeguard or other member of the aquatic safety team. Controlling bystanders might involve—**

- a. Only assigning one lifeguard or aquatic safety team member to manage bystanders.
- b. Keeping bystanders and any children away from the water's edge if the facility is cleared.
- c. Repeating your commands and requests only if the crowd asks for an explanation.
- d. Using a firm voice to yell to the patrons to stay back.

**14. You are caring for a victim in an emergency who may have ingested drugs. The victim suddenly becomes hostile, violent and threatening. As a lifeguard, what should you do?**

- a. Attempt to restrain the victim until he or she calms down
- b. Continue to attempt to treat the victim because he or she needs your care
- c. Leave the scene, it is too dangerous to remain on site
- d. Remove yourself from harm, observe the victim and wait for law enforcement to arrive

**Short answer.**

**15. What is an EAP?**

**16. Following an emergency at your facility, after the victim has received care and has been released to EMS personnel, list at least five tasks you need to complete.**